

Fruits of Faith

Do you have a fruit tree in your yard? When harvest season comes, it's nice to see bright, fresh fruit ready to be picked! Some are good fruit, others are bad fruit. Some look good on the outside but have worms inside. We want fruit that are good from the inside out.

Just like fruit trees produce good fruit, faith also produces good fruits. What does this mean? When we have peace in our hearts and believe our sins forgiven in Jesus' name and blood, beautiful things happen to us and we show good fruits of faith, such as love, joy, peace, patience and kindness. These fruits are gifts from God in heaven.

Think of a time when you fought with your brother or sister or a friend. Or maybe there was a time when you lied to your mom or dad, or you said something mean to another person. How do we feel when we sin? It soils our conscience and we feel sad.

When we do wrong, we can go to our sibling or friend or parent to say we're sorry, and we can have these sins forgiven in Jesus' name and blood. We can start fresh! How do we feel then? Something amazing happens: our hearts become joyful and happy! Love returns and we are ready to play again with peace in our hearts.

A happy, peaceful heart also makes us want to help others when they are sad. We feel more patient when they do things differently than us. For example, maybe they are slower at a certain task than we are. We understand in our hearts that we are no better or worse than our friend or sibling or neighbor. God created us all as He wants us to be.

All of these things—joy, love, goodness, gentleness, patience—are examples of fruits of faith. They are gifts that our Heavenly Father places in a believing heart.

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Things to visit about:

1. Think of a time when you did something that bothered you. How did it feel when you were able to talk about it and take care of the matters?
2. Visit about the different fruits of faith that God gives His children.
3. Think of a time when someone was especially patient and kind to you. How did it make you feel?